

General and Helmet Waiver

By signing your name below you agree to the following RELEASE OF LIABILITY: The undersigned participant(s) or parent(s)/Guardian(s) of the below named minor(s) or participant(s) in the athletics/sports program, recreational skating and related events and activities at the Mid-Hudson Civic Center, Inc./Ice Time Sports Complex: **1.** Acknowledge(s) that the participant will be engaging in the activities that involve risk of injury and property damage and the undersigned agree(s) to assume all risk and responsibility in connection therewith. **2.** Agree(s) to inspect the facilities and equipment and will advise the staff of any unsafe condition and will instruct the participant to do the same and the participant will not participate until safety is restored. **3.** Agree(s) to be responsible for providing the participant with protective equipment, including helmet. The signature below will act as a waiver in the event that the use of a helmet is refused or not provided by the undersigned. **4.** Release(s) and discharge(s) the Mid-Hudson Civic Center, Inc./Ice Time Sports Complex, Civic Properties, Inc. and their officers, directors, employees, and agents from any and all claims, demands, actions and causes of action arising out of the activities to be engaged in by the minor/participant, including without limitation, injuries to life, limb or property. **6.** I understand that the Mid-Hudson Civic Center, Inc./Ice Time Sports Complex does not provide accident or medical insurance and I am financially responsible for any and all medical expenses whatsoever that I may incur. I have read, understood and agree with the terms of this release.

Parent/Guardian Name	Name (s) or Skater(s)	Signature	Date