LEARN TO SKATE

MCCANN ICE ARENA



Learn to Skate

Whether a skater's goal is hockey, figure skating or recreational proficiency, this is the place to start! Daily format includes a 30 minute class during Private Skating School Session and 30 minutes of practice.

Snowplow Sam 1–4 Children ages 3–5 who have limited or no skating experience. Enroll in Snowplow Sam 1-2 if first time skater. Enroll in Snowplow Sam 3-4 if your tot has graduated Snowplow Sam 1-2 or if new to program but able to skate unassisted. **Fee:** \$125.00

Basic Skills 1–6 & Pre-Free Skate Children ages 6–15 who have limited to advanced skating experience. Basic 3 and up are for all ages who have passed Snowplow Sam and Basic 1-2. **Fee:** \$200.00

Hockey Skills 1–4 Designed to teach the fundamentals of hockey skating. In four badge levels, skaters will learn how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus of the levels. All elements will be taught without a puck. Skaters will learn the necessary fundamentals to be successful in game situations. Fee: \$200.00

Adult Classes Ages 16 & Up who have limited or no skating experience. **Fee:** \$200.00

Thursday 5:15pm-6:15pm

Session 1	Sept.6—Oct.18
Session 2	Oct. 25—Dec.13*
Session 3	Dec.20—Jan. 31*
Session 4	Feb. 7—March 2
Session 5	March 28—May 9
Session 6	May 16—June 27

*No class 11/22 (Thanksgiving Day)
*No class 1/31, Please come to Sat class

Session 1 Sept. 8–Oct. 20

Session 2	Oct. 27–Dec. 8
Session 3	Dec.15—Jan. 26
Session 4	Feb. 2—March 16
Session 5	March 23—May 4
Session 6	May 11—June 29
*No class 6/8	(2019 Ice Exhibition)

Monday 5:45pm-6:45pm

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Session 1	Sept. 10—Oct.22
Session 2	Oct. 29—Dec.10
Session 3	Dec.17—Jan. 28*
Session 4	Feb. 4—March 18
Session 5	March 25—May 6
Session 6	May 13—June 24
*No class 12/	24, Please come to Sat class



Welcome!

We thank you for choosing the Mid-Hudson Civic Center Inc. Skating School for your ice skating development. Whether it is a dream of yours to be able to comfortably skate or plan your future on the ice as a competitor, the Mid-Hudson Civic Center Inc. Skating School is the perfect place to begin. We have caring instructors who will teach and challenge each skater throughout the course(s). All basics will be taught from balance, strides, stops, turns, agility and more. The students will complete each section earning their way up the skating scale collecting their ribbons and gaining plenty of experience. Your on ice experience will be enriching and FUN! Get ready to be guided and glide yourself into the future of the great fun and healthy sport of ice skating.

Pricing

Snowplow Sam: \$125.00/Per Session Basic Skills, Pre-Free Skate & Adult: \$200.00/Per Session. USFSA Membership included. Skate Rentals \$5.00.

Payment Policies

All Programs: Payment in full due upon registration, no exceptions. Returned checks will be charged a fee of \$25.
All Programs: There will be no refunds, no exceptions. Makeups or Credits: There will be no makeups or substitutions.

Required Equipment

Learn to Skate: Loose, layered athletic wear and helmet. Proper fitting skates. Gloves are recommended. Hockey Skills: Hockey Skates and helmet required.

Attendance Policy

For safety reasons, parents are required to drop off and pick up skaters inside the building. The MHCC Inc. Skating School assumes responsibility only for those children participating in classes and only for the length of the scheduled class period.

Class Schedules

Schedules are tentative and subject to change due to enrollment or special events.

Registration Information

For more information, please contact Gilberto Viadana, Skating Director via email: gilberto@midhudsonciviccenter.org, or phone: (845) 454–5800x1214 or visit us online at midhudsonciviccenter.org.





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SKATING SCHOOL WAIVER

The undersigned parent(s) or guardian(s) of the below-names minor or participant in the athletics/sports program and related events and activities at Mid-Hudson Civic Center, Inc.: 1. Acknowledge(s) that the participant will be engaging in activities that involve risk of injury and property damage and the undersigned agree(s) to assume all risk and responsibility in connection therewith. 2. Agree(s) to inspect the facilities and equipment and will advise the coach or supervisor of any unsafe condition and will instruct the participant to do the same and the participant will not participant until safety is restored. 3. Agree(s) to be responsible for providing the participant with protective equipment, including helmet. 4. Release(s) and discharge(s) the Mid-Hudson Civic Center, Inc., Civic Properties, Inc. and their officers, directors, employees, and agents from any and all claims, demands, actions and causes of action arising out of the activities to be engaged in by the minor, including without limitation, injuries to life, limb, or property. 5. Grants permission for the Mid-Hudson Civic Center to publish photos or videos of self and children to the website, on-line and off-line publications. I give Mid-Hudson Civic Center, Inc. the perpetual, royalty-free right to use photos or videos. No confidential member information shall be published. All photographs and video footage shall remain the sole property of MHCC, Inc. I understand that no compensation will me made for this use. In the case of a press release regarding a test passes or annual ice exhibition I do give permission to use my child's full name. EQUIPMENT INFORMATION The following equipment MUST be worn at all times for Mid-Hudson Civic Center, Inc. Learn to Play Hockey: Ice hockey helmet with face mask, mouth guard, neck guard, elbow pads, gloves, athletic cup, shin pads, & shoulder pads. Players without the proper equipment will not be allowed to participate in on-ice events. I/WE HAVE READ THE ABOVE DISCLOSURE, WAIVER AND RELEASE AND UNDERSTAND I

> PARENT OR GUARDIAN SIGNATURE	➤ DATE

> PRINT NAME OF PARENT(S) OR GUARDIAN(S)