

**COMING  
SOON**

# MID-HUDSON ROLLER MHRHL HOCKEY LEAGUE



**JUNE , JULY, & AUGUST • 2 DIVISIONS (OVER 19 & OVER 30)**

**At IceTime Sports Complex • Air Conditioned NHL Size Indoor Rink  
• Sportcourt • Full Teams Welcome or Free Agents**

Over 19 will Play Tuesday & Thursday Evenings  
Over 30 will Play Sunday Mornings & Friday Evenings

For more information contact Geoff at [HockeyDirector@midhudsonciviccenter.org](mailto:HockeyDirector@midhudsonciviccenter.org)

**MIDHUDSONCIVICCENTER.ORG**



**MASK MUST BE WORN INSIDE BUILDING AT ALL TIMES & ON THE ICE.**

All COVID protocols of the rink must be adhered to at all times.  
Go to [midhudsonciviccenter.org](http://midhudsonciviccenter.org) for our covid-19 Waiver and rink protocol.